



Welcome to this week's One Can Hero update

Back on Track virtual event



#Back on Track virtual event hosted by Red Kite Housing

Buckinghamshire Financial Insecurity Partnership was launched last week and has been set up to help people make ends meet and to help with long-term solutions to help residents get back on track.

Working with several organisations, both in the county and nationally, the Partnership includes Buckinghamshire Council, Citizens Advice Bucks, Department for Work & Pensions, Bucks Skills Hub, Housing Associations, Christians Against Poverty, Oasis Partnership, Bucks Business First, Food Support organisations, mental health and wellbeing organisations and many others.

There is a public virtual event on Thursday 2nd December from 10am - 2pm.

If you, or someone you know, is experiencing financial hardship and needs support, this event is not to be missed. Buckinghamshire Financial Insecurity Partnership has organised a virtual event hosted by Red Kite, to bring together exciting opportunities and practical support to help people during these challenging times.

We know that the COVID-19 pandemic continues to cause far-reaching implications on many areas of our lives; the current pressures on the increase in living costs is challenging a lot of households this winter.

This event is open to all people living in Buckinghamshire - you don't need to be a Red Kite tenant.

If you are interested in joining or to find out more information, please [click here](#).

Buckinghamshire Council are also supporting #Back on Track. [Click here](#).

Food Parcel Facts

Sadly, we are seeing a huge rise in our numbers, and are receiving more referrals each week. In Aug 2021 we supported on average 346 people per week, so you can see from the figures below that we are heading for double the amount.

- In the week to 26 November 2021, we supported 577 people, 265 of which were children (46%). The previous week we supported 500 people and 44% were children.
- In the week to 26 November 2021, parcels were delivered to 238 homes.
- In March 2020, pre-COVID, the average number of people we were supporting was 225 per week.
- We are currently still supporting 156% more people compared with pre-COVID times. In other terms, we are supporting 2.56 times more people than we were.

Wants and Needs

If you are collecting food as a Street Hero or donating in one of our supermarket drop off cages, please be reassured that we use all items donated, even those in the 'red cross' column (with the exception of alcohol or homemade food). However, it helps us enormously if you could focus on the 'green tick' items that we are in short supply of. [Click here](#) for a word version of the list below.



Tinned ham, corned beef
Tinned meat meals
Tinned meat pies
Tinned halal meat
Tinned mixed veg
Tinned potatoes
Cooking oil (500ml)
UHT milk
Jams and spreads
Granulated sugar
Baby formula milk stages 1 and 2
Egg boxes



Tea
Nappies (Size 0-2)
Homemade food
Alcohol

Please continue to collect fresh fruit and vegetables if you are able to quickly turn around donations and bring them to One Can.
Please **DO NOT** leave fresh fruit and vegetables in supermarket donation cages.

www.onecantrust.org.uk



CHRISTMAS KINDNESS CAMPAIGN

Can you help us support vulnerable families and individuals in our community this Christmas? We are collecting the following items for our festive parcels:

- Christmas treats (Christmas puddings, mince pies, chocolates, crisps etc)
- Cooking oil (500ml)
- Cooking sauces
- Jams & spreads
- Tinned fruit
- Tinned Halal meat
- Tinned ham & corned beef
- Tinned meat meals and meat pies
- Tinned mixed vegetables (carrots, beans & mushrooms etc)
- Tinned potatoes
- Rice (500g)
- UHT milk

Please drop specific Christmas items by **Friday 3rd December**. Our final day to receive normal donations is **Friday 17th December** and the warehouse will reopen on **Tuesday 4th January 2022**.

Thank you so much for your support.

Registered charity no. 1148626
01494 512 277
office@onecantrust.org.uk



Christmas Kindness Campaign

Our Christmas campaign is going well however, with the rise in numbers, we need more food to meet demand. Please donate Christmas items this week, such as mince pies, chocolate or Christmas puddings, as we are compiling Christmas hampers next week. All our clients receiving Christmas food parcels will receive an extra special Christmas hamper bag with some special festive goodies.

We would also like all usual food donations in by Friday 17th December, so that we can pack food parcels for the 2 week Christmas period. It's going to be very busy!

Of course we will not turn any donations away - just want to be as organised as we can this year!

Christmas Help Needed

We still need drivers to deliver parcels in the run up to Christmas.

Are you available to drive for us in the weeks commencing Monday 13th and 20th December? We are planning for the Christmas fortnight and will need more drivers. Our drivers, using their own vehicles, deliver food parcels to clients' doors and are an integral (and incredibly important) part of the operation. If you are interested please call the office on 01494 512 277 to discuss further (expenses will be paid if required). Thank you.

Carrier Bags

We are running very low on carrier bags and may have to buy some. We pack some where in the region of 1000 - 1500 bags per week. If you have any spare (especially the Tesco Bags for Life), please drop them to us at Duke Street or give to your local Street Hero. It would be amazing if you could check for holes and lay the bags flat. If you have any thinner ones, please double bag as this will save us a huge amount of time. Thank you.



If you have some images that you are happy to share or if you would like some flyers or posters printed to help with your food collections, please get in touch: kim.starkey@onecantrust.org.uk

For those with an Apple phone, please [click here](#) to download the App
For those with an Android phone, please [click here](#) to download the App



Thank you for taking the time to read this One Can Hero update and for all your incredible support.

Best wishes

Kim Starkey

Administrative Assistant, One Can Trust

Copyright © 2021 One Can Trust, All rights reserved.

You are receiving this email because you asked for updates on One Can Trust

Our mailing address is:

One Can Trust
11B Duke Street
High Wycombe
Bucks, Bucks HP13 6EB
United Kingdom

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

If you cannot see this email correctly, [view in browser](#).

